LYRIC SHEET · FOR CHURCHES

# Selah (Psalm 46)

**Son of Jesse · Adullam**

Tempo **50 bpm**
Scripture **Psalm 46**

### VERSE 1

God is our refuge and our strength
A help that's always near in trouble
So we will never be afraid
Though the earth gives way beneath us
Though the mountains shake and crumble
And fall into the heart of the sea
Selah

### VERSE 2

The waters roar, the waters foam
The mountains tremble at their swelling
But there's a river, and its streams
Make glad the city where God's dwelling
God is within her, she won't fall
He'll help her when the morning rises
The nations rage, the kingdoms shake
He lifts His voice — the earth dissolves
Selah

### CHORUS

Be still and know
Be still and know that I am God
Be still and know
Be still and know that I am God

### BRIDGE

The Lord of hosts is with us
The God of Jacob is our tower
The Lord of hosts is with us

### CHORUS

Harp'u ud'u
Ki anochi Elohim
Harp'u ud'u
Ki anochi Elohim
Selah

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